



DISTRICT TUNES

Rewarding Volunteerism

Contributed by the People's Association Youth Movement

The People's Association Youth Movement (PAYM) is the largest youth organisation in Singapore. We speak to two members of the PAYM about their involvement



Mike Tang

Member, PAYM Central Youth Council
Chairman, Toa Payoh Central CC Youth Executive Committee

"There is nothing like the satisfaction that comes from helping others and to learn and grow in the process.

I believe in helping others, as the process provides me with opportunities to share and learn valuable life skills, such as being patient and care for others.

After I graduated from Nanyang Technical University, I devoted my time to community service and youth development. I joined the Toa Payoh Central CC Youth executive Committee and the experience as a grassroots leader has proven to be much more enriching than I imagined!

I've learnt to listen and to care more about the community that I live in, and to take things in my stride even when they don't exactly turn out as expected. With responsibility comes stress, but this has contributed to my character and emotional development.

Building a community is a process and it is important that we play a part in this process to make a social impact with our lives.

I believe the key to success in life is to have a balance between having fun, working hard and connecting with my family. Having my family's understanding and support of my volunteer work is priceless."

Heard their stories? Keen to find out more?

With 91,000 youth members, the People's Association Youth Movement (PAYM) is the largest non-profit youth organisation in Singapore, comprising 94 Youth Executive Committees (YECs) based at the Community Centres/Clubs (CCs) island-wide. It caters to youths between the ages of 12 to 35, regardless of race, language or religion.

The PAYM facilitates the development of youth programmes through its five main thrusts, namely the adventure and sea sports, community service, information technology, international exchange and strategic alliances.

If you are a Central Singapore constituent, want to play a part for the community and enrich your life, you will be spoilt for choice with the 32 YECs located in the Central Singapore district. Come join us!

For information and enquiries, check www.paym.org.sg or email us at admin@paym.org.sg

Malcolm Wong

Chairman,
Tanjong Pagar CC Youth Executive Committee



"I used to think that volunteering for the community was 'providing labour' but volunteerism is not about this. It is about sharing one's talents, passion and skills to make a difference in the community.

Joining the Youth Executive Committee is a multiracial and intergenerational experience that provides a wonderful avenue to explore ideas, learn new skills and develop personally. It is also fun to meet new friends and create youth activities together.

It is also great to be part of intergenerational learning at Tanjong Pagar. There is a synergy between youthful enthusiasm and experience, allowing youths to learn from their seniors."

