



Residents from the AWWA Community Home for senior citizens, including Madam Seeni (second from the left) performing the song “You Light Up My Life” at the launch of the book.

“We make regular visits to the old folk, but we felt it was time to do a larger project, where we could remind these people they’re still important to our community, and at the same time spread their knowledge.

“We decided to do a cookbook because the senior citizens would be able to showcase their cooking abilities. We reckoned it would also be a hit as Singaporeans love a well-prepared, home-cooked dish,” added the 24 year-old.

Miss Chen Shu Hui, 22, who worked on the book, said: “I’d never been too interested in cooking before this. But after seeing the love and effort the old people put into their dishes, I felt very inspired and realise cooking is actually very enjoyable.”

She added: “This project also taught me the importance of being patient, of being a good listener, and has strengthened the bonds and team spirit of the NTU Welfare Services Club.”

To help fund this cookbook project, the NTU Welfare Services Club obtained financial aid from the Central Singapore Mayor’s Imagine Fund.

There will also be a Chinese version of the book.

Both versions will be sold for \$12 at bookstores such as Popular. Part of the profits will go to the four senior citizen groups, while the rest will be channeled

to related activities. These include the contributors conducting cooking classes at schools.

You can also order the book online at <http://clubs.ntu.edu/ntuswc/patchworks> (click on the tofu picture).

Ang Mo Kio GRC MP Lee Bee Wah, said at the book launch: “It’s important for Singaporeans, especially the younger generation, to remember that the elderly are full of knowledge and experience to be shared, like these recipes, if people are willing to talk and listen to them.”

*See Page 26 for a recipe from the book.*



## THE MAYOR’S IMAGINE FUND

The Mayor’s Imagine Fund was set up by the Central Singapore CDC in 2002 to promote active citizenry among young people and help them realise their ideas for the community. Over the last five years, the budget for the fund has doubled from \$100,000 in its first year to \$200,000 last year. The number of projects has almost quadrupled from nine to 34.

A one-time project can receive up to 80 per cent of its full cost, capped at \$5,000 in its first year.

A top tier of the Mayor’s Imagine Fund has also been created. This is targeted at encouraging long-term, sustainable community projects aimed at benefiting the needy and vulnerable residents of our district.

This tier is dedicated to seed fund social entrepreneurship projects. Here, the committee will also approve up to 80 per cent of the total cost of a project, but its contribution is capped at \$30,000 over a two-year period.

Interested applicants can e-mail their proposals to the CDC through the Mayor’s Imagine Fund website at [www centralsingapore.org.sg/mif](http://www centralsingapore.org.sg/mif)