

## Exciting Courses & Events

### Ballet (Children) - Pre-primary/Primary

**Date:** 2 Apr - 25 Jun (Sun)  
**Time:** 3pm - 4pm  
**Venue:** Tiong Bahru CC  
**Cost:** \$57 Member  
\$64 Non-member  
(12 Sessions)

Wait no more to enroll your kids to a course of basic ballet techniques. Here, they will learn how to develop better body co-ordination and a stronger sense of rhythm. The course also encourages self-expression and instils a sense of self-discipline in the participants. Call **6223 0748** for more information.

### Growing Compassion, Harvesting Harmony - Vesak Million Lotus Celebrations

**Date:** 6 & 7 May  
**Time:** 10am to 10pm  
**Venue:** Ngee Ann City,  
Civic Plaza

**Admission:** Free

Join President Nathan in folding one million paper lotuses, with each lotus representing compassion towards all living beings.

Let us grow our compassion towards greater harmony across all divides including race and religion. Other highlights include a Vesak Experience Trail, Karuna LIVE! a pop concert by celebrities and talented youths, stage performances by youths of different religious communities, vegetarian food fair, and traditional Vesak events such as Bathing of Prince Siddhartha, turning of prayer wheels and a Vesak exhibition. Come down with your family and friends for a fun-filled, spiritual experience! Sign up for the Vesak Experience Trail designed specially for residents of Central Singapore District. Contact Cell Lim at **6849 5346** or visit [youth@kmspks.org](mailto:youth@kmspks.org) for more information.

### Modern Living - Steak, Chops And More With Chef Yong!

**Date:** 25 Mar (Sat)  
**Time:** 10:30am - 1pm  
**Venue:** Cairnhill CC  
**Cost:** \$22 member  
\$25 non-member

You will be learning how to prepare dishes like pumpkin soup with ginger, absolutely warm and comforting; Gratinated potatoes with nutmeg and cheese, a classic nutmeg-spiced potato dish from France; Sirloin steak with two sauces - mushroom sauce and black pepper sauce. Singaporean-style western food as we know it. You will also be taught a fast and easy way to grill your steak. One of the few local chefs trained at the Culinary Institute of America, Chef Yong currently provides culinary expertise to one of the world's largest food and beverage companies. He is also a regular contributor to local and international food publications. Call **6737 9537** for more information.

### Singapore Urban Legend Nite Tour

**Date:** 1 Apr (Sat)  
**Time:** 7pm - 11:55pm  
**Destinations:** Labrador Tunnels  
Horror, Grange Road Abandoned  
Houses, Hillview Mansion  
(Haunted), Lim Chu Kang  
Cemetery Watch, MacRitchie  
Lonely Water Tomb and Devil's  
Bend Drive-through  
**Cost:** \$20

You will be taken on an exciting tour to places around Singapore (as mentioned above). Get ready for some eye-opening experience. You never know what to expect do you? Call **6250 2283** for more information.

### JOB OPPORTUNITIES

**Event:** Walk-in Interview for  
Spa Industry  
**Date:** 27 Mar 06 (Mon)  
**Time:** 1pm - 5pm  
**Venue:** Toa Payoh Central  
Community Club, Level 5  
**Cost:** Free

Vacancies include Spa Therapist, Facial Therapist, Front Desk Officer and Cleaner.

**Event:** Job Fair (Various  
Industries)  
**Date:** 31 Mar 06 (Fri)  
**Time:** 10am - 4pm  
**Venue:** Toa Payoh Central  
Community Club,  
Multi-Purpose Hall,  
Level 2  
**Cost:** Free

Central Singapore CDC will be inviting four different companies to conduct interviews for the various positions.

**Event:** Walk-in interview for  
Hotel Industry  
**Date:** 11 Apr 06 (Tue)  
**Time:** 10am  
**Venue:** Toa Payoh Central  
Community Club, Level 3  
**Cost:** Free

Vacancies include Bellhop, Room Attendant, Guest Service Agent, Kitchen Helper and more.

Call **6370 9470** for more information on all the above mentioned.

### RSVP's Gift of Age Event 2006

**Date:** 29 Apr (Sat)  
**Time:** 1pm- 5pm  
**Venue:** 111 Somerset Road  
#02-01, Singapore Power  
Building  
**Cost:** Free

An event showcasing seniors embracing active ageing. There will be health talks cum exercises, song and dance and games with prizes to be won. Visit our booths and have a fun afternoon. Pre-registration required. Call **6336 0640** for more information.